



Protect yourself and those around you – get your seasonal flu shot.

The flu affects millions of people each year and can lead to serious illness, or even death. The flu can be a contagious illness caused by influenza viruses that infect the lungs, throat and nose. According to the Centers for Disease Control and Prevention (CDC), the best way to prevent the flu is by getting vaccinated each year.¹

Where to get your flu shot

There are several options for where to go to get this year's flu vaccine. Be sure to use a contracted network provider such as those listed in this flyer.

- ▶ Visit your doctor or other network provider.
- ▶ Visit one of the select retail locations or pharmacies listed on the other side of this flyer.
- ▶ Visit a network Convenience Care Clinic.
- ▶ To locate a network provider, visit myuhc.com[®] or call the member phone number listed on your health plan ID card.

See other side for a list of national contracted flu shot providers.



Show your health plan ID card before getting your flu shot.

Most UnitedHealthcare plans cover annual flu shots at 100% when you use a contracted network provider.

Ask your employer or check your plan documents for your plan's coverage details.



Retail locations and pharmacies²

Pharmacists associated with these retail locations and pharmacies can administer flu shots. No appointments are necessary.

- ▶ **CVS® Pharmacy**
www.cvs.com/flu
- ▶ **Kmart® Pharmacy**
www.kmart.com/pharmacy
- ▶ **Meijer® Pharmacy**
www.meijer.com/pharmacy
- ▶ **Rite-Aid® Pharmacy**
www.riteaid.com/pharmacy/services/immunizations
- ▶ **Safeway® Stores**
Including Carrs, Dominick's, Genuardi's, Pavilion, Randalls, Tom Thumb and Vons stores.
www.safeway.com/ShopStores/Immunizations.page
- ▶ **ShopKo**
<http://pharmacy.shopko.com/flushots.php>
- ▶ **Summit Health**
Providing services at select Walmart & Sam's Club locations. www.summithealth.com
- ▶ **Target® Pharmacy**
www.target.com/pharmacy/flu-shots
- ▶ **Walgreens® Pharmacy**
www.walgreens.com/flu

There may be some instances where a particular location offered by one of the above centers is not participating in the national UnitedHealthcare network.



Show your health plan ID card to confirm clinic or pharmacy participation.

Convenience Care Clinics²

Convenience Care Clinics are typically located in retail stores and don't require appointments.

- ▶ **The Little Clinic®**
www.thelittleclinic.com
- ▶ **MinuteClinic®, CVS® Pharmacy**
www.minuteclinic.com/services/vaccination/
- ▶ **Take Care ClinicSM, Walgreens Pharmacy**
www.takecarehealth.com/what-we-treat.aspx
- ▶ **Target® Clinic**
<http://www.target.com/pharmacy/clinic-home>

If you are a non-member, you still maybe able receive a similar type benefit through your insurance carrier. As a note, we have been able to confirm that Rite Aid will process the flu shot with CareFirst BCBS. Please check with your individual insurance carriers.



¹ Sources: <http://www.cdc.gov/flu/> Components subject to change. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

² Please note age restrictions or limitations may apply, check with your provider for specific age or flu shot requirements.

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Your specific health plan may not provide 100% coverage of flu shots. If not, a routine office visit copay, coinsurance and/or deductible may apply. Visit myuhc.com for your specific coverage. For information from the Centers for Disease Control and Prevention (CDC) about the 2013-2014 influenza season, including information about the season's vaccines, vaccination recommendations and disease activity, <http://www.cdc.gov/flu/about/season/index.htm>. UnitedHealthcare is not affiliated with this website.